

**JORDANHILL
SCHOOL**

Building Positive Relationships



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What is bullying behaviour?

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Pupils in Jordanhill School agreed the following definitions:

- When someone feels upset as a result of others not treating them fairly or with respect.
- When someone tries to make themselves look big by exploiting the differences of others.
- When someone is made to feel like an outcast by others inflicting physical and mental abuse.
- ♦ The use of aggressive and controlling behaviour towards others.



Respect Each other And Come Together NOW

Bullying May Take Several Forms:

- ◆ **CYBER/ICT*** - bullying behaviour using emails, social networking sites and mobile phones.
- ◆ **EMOTIONAL/PSYCHOLOGICAL** - subtle forms of bullying behaviour which may include gestures and body language, e.g. eye-rolling, rude gestures etc
- ◆ **EXCLUDING OTHERS/ISOLATION** - leaving people out of groups, being mean to people beyond a person's close friendship group.
- ◆ **HOMOPHOBIC** - making remarks about a person's sexuality.
- ◆ **PHYSICAL** - using force against one another.
- ◆ **RACIAL** - making racist remarks
- ◆ **SEXIST AND GENDER** - putting someone down because of their gender.
- ◆ **VERBAL** - Making comments to others which make them feel bad.

Everyone has a role to play - together we can beat the bullies.

Who is Responsible for Preventing Bullying Behaviour?

Pupils in Jordanhill School agree that **EVERYONE** in our community has a role to play:



PUPILS
TEACHERS AND NON-TEACHING STAFF
PARENTS

Pupils in Jordanhill School agree that teachers, young people and parents/carers work together to encourage zero tolerance of bullying.

BUILDING POSITIVE RELATIONSHIPS

What Does The School Do?

for the person experiencing bullying behaviour?

Help the person to feel safe in school

Work with the person to build relationships

Offer peer mediation services, BFGs and peer supporters

for the person displaying bullying behaviour?

Work with them to understand why they use such behaviour

Work with them to help them understand how others feel

Work with them to help change their behaviour

How Does This Happen?

One approach does not suit every situation. Each case needs to be dealt with individually as no two cases are the same.

Below are some of the ways in which these situations will be dealt with:

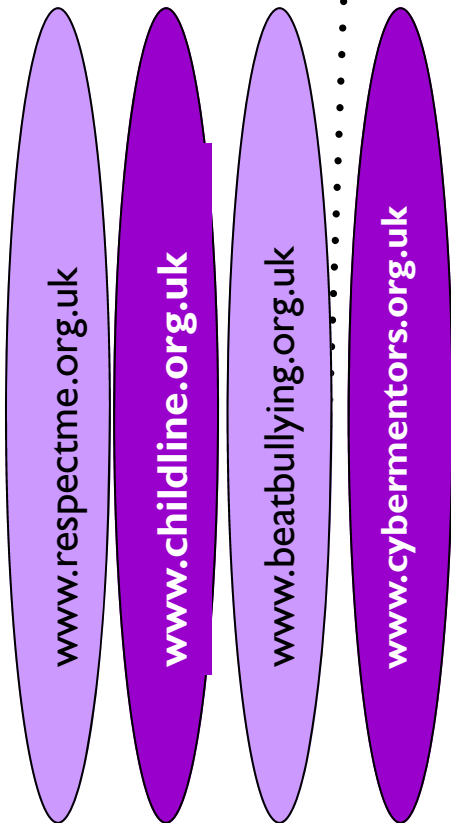
- ◆ Discussions with Pastoral Care staff
- ◆ Discussions with trained Peer Mediators
- ◆ Regular check-ins with Pastoral Care staff to monitor situations
- ◆ Meetings with parents of both parties to discuss the situation and find solutions
- ◆ Restorative justice meetings between both parties



The AIM is
TO MAKE BULLYING BEHAVIOUR STOP
by changing behaviours and helping people
understand each other better,
build respect and appreciation of difference.

What Will A Teacher Do if You Tell Them About Bullying Behaviour?

Useful Websites



- ◆ Take what you say seriously
- ◆ Listen carefully
- ◆ Ask what you would like them to do for you
- ◆ Encourage you to tell your side of the story
- ◆ Inform Pastoral Care Staff and the Year Head who will investigate the situation thoroughly
- ◆ Work with both parties to stop the bullying behaviour
- ◆ Record and monitor the incident
- ◆ Inform parents when necessary so that all parties can work together
- ◆ Work with both parties to build more positive relationships

What You MUST Do If You Experience Bullying Behaviour

TELL SOMEONE - a teacher, your parents, a friend.

Do not try to deal with it on your own.