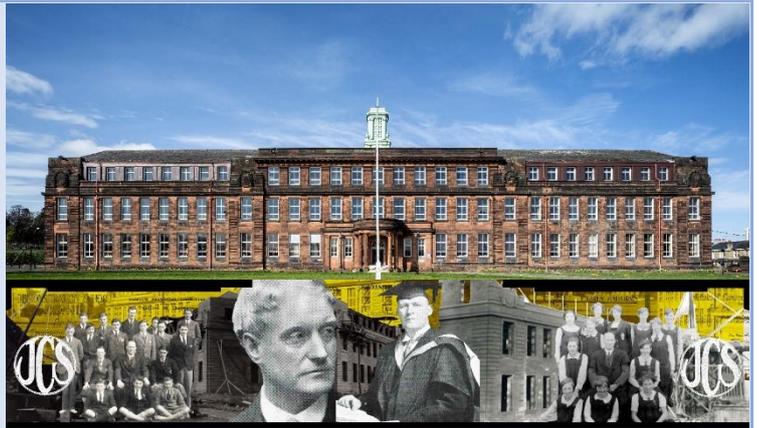




Centenary Lumiere

The organising staff were privileged to see a preview last week. Double Take Projections have done a wonderful job and we look forward to seeing the final product on the night.

Friday 21st February
Gates Open 6.30 pm
Show starts 7.30pm Event ends 9.00pm



Showing 100 years of Jordanhill School
A spectacular animated light projection of our history on the main building.
Tickets on sale now via [ParentPay](#)
Individual £7.00 and Family (2+3) £25.00
Catering ♦ Coffee Cart ♦ Food Truck ♦ Bar

Mental Wellbeing

The [Mental Wellbeing](#) page on our web site provides an overview of the wide range of support and advice available to pupils and parents both in school and from external agencies.

This information is prominently displayed in the school and pupils can also access it via the **Help & Advice** section in the Pupil Support area of O365 which provides links to advice on a wide range of issues including bereavement, health and e-safety.

Support for All
Seek help if you are anxious or worried about something.
Friends and Family
Talk to a friend.
Talk to your parents.
Useful Apps
Download the Age Mind APP, SAM APP for anxiety, the CALM HARM APP or the SAMI APP (free to your phone).
School Support
Talk to your Primary class teacher, Tutor, Head of House or any other member of staff you choose.
Visit [Help & Advice](#) on the Pupil Support page in O365.
Check out the Health & Wellbeing Noticeboard in the Atrium.
Library
A range of books is available in the Library and also from [The Reading Agency](#).

Targeted Support in School
A range of support is available through the Pupil Support team (Head of House, Support for Learning and senior leaders).
S1 Settling in Interviews
All pupils have a 1:1 meeting with the head of house in September of S1.
S4 Mentoring Programme
A number of S4 pupils receive 1:1 support from a teacher throughout the year.
Reasons for Growth
A programme to support children and young people who have experienced a significant change or loss.
Mental Health First Aiders
Talk to one of our specially trained staff – they'll never [Make It Worse](#).
School Counsellor
Ask for an appointment with Claire Bowden. (Tuesday)
Educational Psychologist
Certain pupils may work with Sarah Gardner.
The Rainbow Room
Ask Personal Care or Support for Learning if you can spend time here at interval or lunchtime.

Outside Support
We can help you to access specialist support outside the school or get advice from your parent in touch with the right person.
Doctor's Surgery
Visit your GP.
Youth Health Service
Access the drop-in clinic at Church Street or Maryhill Health Centre.
Childline
0800 111 [www.childline.org.uk](#)
Help, support and advice on the phone or via the internet.
Young Carers
Support for young carers is available from [Glasgow's](#) [well-being centre](#)
T: 0141 905 9871
Young Minds
Click the link to access advice and help. If you need urgent help, text YM to 0503. All texts are assessed by trained volunteers, with support from experienced clinical professionals.
Child and Adolescent Mental Health Service (CAMHS) is the NHS service for young people who are having difficulty with their emotional or behavioural wellbeing. Speak to your GP.

FIVE WAYS TO WELLBEING
LOOKET GIVE NOTICE KEEP CALM BE ACTIVE
TAKE TIME TO FEEL YOUR FEELINGS. BE KIND TO YOURSELF. TAKE A BREAK. TAKE A WALK. TAKE A BREATH. TAKE A MINDFULNESS BREAK. TAKE A MINDFULNESS BREAK. TAKE A MINDFULNESS BREAK.

The Rainbow Room
A logo of a person's head with a rainbow inside, representing mental health support.

Planned Internet Interruption

The school's internet connection will be upgraded from 100MB to 500Mb on the afternoon of **Wednesday 22 January**.

Service will be interrupted from 1.00pm for an unspecified period. During this time the school will be unable to receive or send e-mails and there will be no access to Office 365 from within the school. Pupils will still be able to access O365 from home etc. Our telephone system will not be affected. This upgrade is part of a planned programme of service improvements.

Closure of Car Park and Walkway

The main car park and the walkway linking the north and south buildings will be closed on **Wednesday 22 January** to allow repairs to the roof and lights at the south-west corner of the building. Access to this area will be restricted.

Infants should enter the school via the playground and past the Refectory. Pupils will move between the buildings via the all-weather pitch.

Staffing Update

We were delighted to welcome our Head of P.E. Andrew McCall back to school last June following his treatment for Hodgkins Lymphoma. Unfortunately, Andrew now requires further treatment and as a consequence will not be with us for the remainder of the session. As before, Ms Carolyn Jones will take on the role of Acting Principal Teacher in Mr McCall's absence and Mr Hugh Robertson will rejoin the team to teach in the department. I am sure you will wish to join us in extending best wishes to Andrew and his wife Jess (teacher of P6B).

Bicycle Thefts

On Thursday last week 4 bikes were taken from the cycle shelter in the south campus. While the area is overseen by CCTV and we have images of the culprits, none of the bikes had been secured in any way. We advised all cyclists to securely chain and padlock their bike at all times.

The location of the cycle shelter in the south campus was agreed with the Police when designing the campus and achieving 'Secured by Design' status. Pupils and parents are encouraged to read the [Campus Movement Plan](#) to understand how we seek to separate pedestrians, vehicles and cyclists.

S5-S6 Mock Examinations

The S5-S6 examinations commence on Monday 27th January. We wish everyone success.

- [S5-S6 Mock Examinations Timetable 2020](#)
- [S5-S6 Mock Examinations Instructions](#)

Dates for the Diary

January 2020

Monday 27 – [S5-S6 Mock Examinations](#)
Thursday 6 February
Tuesday 28 S2 Parents' Information Evening

February

Monday 3 – Friday 7 S4 Work Placement week
Wednesday 5 S2 Parents' Evening
Friday 7 In-service Day (Pupil Holiday)
Monday 10 Holiday
Tuesday 11 Holiday
Wednesday 12 In-service Day (Pupil Holiday)
Thursday 13 All pupils return to school
Friday 21 Centenary Lumiere – [Book Now!](#)