



## Coronavirus Update

Dear Parent/Carer,

We are aware that there is some anxiety in the community arising from stories from schools in England and the general concerns regarding the potential spread of COVID-19 around the world. We are also aware that some employers have ceased or limited international travel.

The advice offered by Jordanhill School reflects that provided by the NHS and has been confirmed again today. The current medical advice is that there is no need to self-isolate simply because you have been in a country where cases have been diagnosed e.g. northern Italy.

Individuals (pupils and parents) should self-isolate if they have been in a 'quarantined' area or symptoms (temperature, cough or respiratory) emerge on their return to the UK at which point they should contact NHS 111. The latest information and advice can be found [here](#).

Advice to professionals advising the public can be found [here](#). In particular, we would ask you to note the guidance on preventing the spread of infection which is replicated below. We would ask that you instruct your children on the need for proper hand hygiene while in school.

It is important to note that of the 6,795 people tested in the UK up to 2.00pm yesterday only 11 have tested positive. The risk to individuals remains low.

We will update the information on our web site as and when further guidance emerges from Scottish Government and/or the NHS.

Kindest regards  
Paul W. Thomson, Rector

### Preventing the Spread of Infection

There are general principles you can follow to help prevent the spread of respiratory viruses, including:

- wash your hands often - with soap and water for at least 20 seconds. Use an alcohol-based hand sanitiser that contains at least 60% alcohol if soap and water are not available. This is particularly important after taking public transport
- avoid touching your eyes, nose, and mouth with unwashed hands
- avoid close contact with people who are sick
- if you feel unwell, stay at home, do not attend work or school
- cover your cough or sneeze with a tissue, then throw the tissue in a bin.  
See [Catch it, Bin it, Kill it](#)
- clean and disinfect frequently touched objects and surfaces in the home and work environment
- if you are worried about your symptoms, please call NHS 111. Do not go directly to your GP or other healthcare environment
- see [further information](#) and the [Public Health England Blog](#)

**Holiday Plans**

Parents may also wish to give consideration to any travel arrangements for the spring and summer vacations to ensure that they are in accordance with advice from the FCO. You may wish to check with your travel insurer and employer that there will be no unintended consequences arising from your plans.