

# SSAA Indoor Track and Field Championships

Emirates Arena, London Road, Glasgow, G40 3HY  
Wednesday 9th and Thursday 10th February 2022



## 1. Age Groups

**Under 16's** - Born on or after **01/09/06**

**Over 16's** - Born on or before **31/08/06**

Triple Jump is only available for Over 16's.

## 2. Entry Conditions

All entries must be made online. Schools should only contact Ron Hunter by email ([ssaa-events@online-entries.co.uk](mailto:ssaa-events@online-entries.co.uk)) if they have not received confirmation of their entries within 2 days of submission. When confirmation of entry has been received, it **must** be confirmed as requested.

Each school may enter 2 competitors per event. Pupils may compete in a **maximum of 2 events** over the 2 days of competition. **THIS IS DIFFERENT FROM USUAL**

## 3. Entry Restrictions

In accordance with UKA Rules, no athlete under 13 on 01/09/2022 is allowed to compete in any race at 300m and 400m, nor in more than one race between 600m and one mile **inclusive** on the same day. For this event that means that under 13 athletes can only be entered in: 60m, 60m Hurdles, 200m and field events.

Close attention should be paid to the entry standards, as it is unlikely that pupils in S1 will have achieved the required qualifying standard.

**All other pupils** may only compete in **one** of the following events on the day: 300m, 400m, 800m, 1500m.

Should there be a large number of entries in the 800m and 1500m there could be an A & B final rather than semi finals.

On Thursday straight sprints will take place at the same time as circular track events.

## 4. Entry Fees

Entry fees are **£8** per competitor, per event. The entry cost is an ENTRY FEE and must be paid for each athlete entered, whether they compete or not.

Cheques should be made payable to 'SSAA'

They should be sent to: Mr M Stringer  
34 Parfery Way,  
Hamilton  
ML3 9GF

Schools may also pay via BACS to: SSAA, Sort Code: 30-25-83, ACC No: 00422248

**N.B. Schools will receive an Invoice with entry confirmation. This should be sent along with the payment form.**

## 5. Affiliations

Schools should ensure that the affiliation fee of £75 has been paid. It was due on 1st October 2021.

Affiliation forms are available on the home page of the web and should be sent to:

Mr A W Robertson  
7 Tay Crescent,  
Bishopbriggs  
G64 1EU

Failure to affiliate could result in an entry being refused.

## 6. Photographs and Media

Anyone taking pictures at the event should complete the Emirates Arena Indemnity Form on entry at Level 3. The SSAA cannot be held responsible for photographs taken and printed without permission.

## 7. Spectators

Due to the current situation with COVID-19 and restrictions at the venue, we are limiting spectators to 1 parent or guardian and maximum 1 personal coach. All spectators and coaches will have to preregister nearer the time. Coaches pass will be required to access warm up area. **Athletes only** will be permitted into Declarations Area.

## 8. Closing Date

The closing date for entries is 14th January 2022

No entries will be considered after the online system closes. Only corrections will be accepted.

Athletes must not be sent to the Emirates Arena unaccompanied.

The name of the accompanying adult/teacher/parent/coach must be entered on the payment form. This person should be available to officiate in some capacity.

## 9. Entry Standards

	Under 16 Girls	Under 16 Boys
60m Hurdles	10.30 (75mH 13.00)	10.00 (80mH 14.00)
60m	8.65 (100m 14.00)	7.90 (100m 13.10)
200m	28.30	26.30
300m	47.00	39.50
800m	2.35.00	2.25.00
1500m	5.30.00	4.50.00
Long Jump	4m 70	5m
Shot Put	7m 50 3kg	9m 50 4kg
High Jump	1m 35 Starting Height 1m 30	1m 50 Starting Height 1m 40
Pole Vault	2m 20 Starting Height 2m	2m 30 Starting Height 2m 20

	Over 16 Girls	Over 16 Boys
60m Hurdles	10.00 (80mH 13.80)	9.60 (100mH 15.60)
60m	8.50 (100m 13.80)	7.65 (100m 12.60)
200m	27.50	25.00
300m	46.50	-
400m	-	56.00
800m	2.30.00	2.15.00
1500m	5.10.00	4.35.00
Long Jump	4m 80	5m 40
Triple Jump	8m 50 Boards - 7m & 9m	11m Boards - 9m & 11m
Shot Put	8m 50 3kg	10m 5kg
High Jump	1m 45 Starting Height 1m 35	1m 65 Starting Height 1m 60
Pole Vault	2m 40 Starting Height 2m 20	2m 80 Starting Height 2m 60

Mark Stringer and Sophie Allan  
(Convenors)