

# Dates

# Monday

# Tuesday

# Wednesday

# Thursday

# Friday

15/08/22,  
05/09/22, 26/09/22  
24/10/22  
14/11/22  
05/12/22  
02/01/23, 23/01/23  
13/02/23  
06/03/23, 27/03/23  
01/05/23, 22/05/23  
12/06/23

Available each day: Milk, Water,  
Flavoured Milk, (for P4-P7 only)  
Selection of Yoghurts + Fresh Fruit

## Week one

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Sausages & Mashed Potato  
  
Vegetarian Sausages & Mashed  
Potato  
  
Wholemeal Roll/Baguette  
with Tuna Mayo/Cheddar Cheese  
  
Seasonal Vegetables/Seasonal Salad

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Cheese Quiche & Spicy Wedges  
  
Tomato Pasta, Crusty Bread Roll  
  
Wholemeal Roll/Baguette  
with Tuna Mayo/Sliced Roast Turkey  
  
Baked Potato with Tuna Mayo/Beans Seasonal  
Vegetables/Seasonal Salad

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Cheese & Tomato Pizza, Garlic Bread  
  
Savoury Minced Beef, Mashed Potato &  
Yorkshire Pudding  
  
Wholemeal Roll/Baguette  
with Sliced Roast Turkey/Cheddar Cheese  
  
Seasonal Vegetables/Seasonal Salad

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Piri Piri Chicken, Steamed Rice & Beans  
  
Macaroni Cheese, Crusty Bread Roll  
  
Wholemeal Roll/Baguette  
with Tuna Mayo/Sliced Roast Turkey  
  
Baked Potato with Tuna Mayo/Beans  
Seasonal Vegetables/Seasonal Salad

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Breaded Fish, Chips &  
Tomato Ketchup  
  
Vegan Sausage Roll, Chips & Ketchup  
  
Wholemeal Roll/Baguette  
with Sliced Roast Turkey/Cheddar Cheese  
  
Seasonal Vegetables/Seasonal Salad



**Reduced Fat/Sugar Vanilla Ice Cream**



**Reduced Fat/Sugar Vanilla Ice Cream**

**Ginger Bread Men**

22/08/22  
12/09/22  
03/10/22, 31/10/22  
21/11/22  
12/12/22  
19/01/23, 30/01/23  
20/02/23  
13/03/23  
17/04/23  
08/05/23, 29/05/23  
19/06/23

Available each day: Milk, Water,  
Flavoured Milk, (for P4-P7 only)  
Selection of Yoghurts + Fresh Fruit



## Week two

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Chicken Fajita, Steamed Turmeric Rice,  
Chickpeas & Tomato Wrap  
  
Tomato Pasta, Crusty Bread Roll  
  
Wholemeal Roll/Baguette  
with Tuna Mayo/Cheddar Cheese  
  
Seasonal Vegetables/Seasonal Salad

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Chinese Chicken Curry & Steamed Veg Rice  
  
Quorn Nuggets, Baby Boiled Potatoes  
  
Wholemeal Roll/Baguette  
with Tuna Mayo/Sliced Roast Turkey  
  
Baked Potato with Tuna Mayo/Beans  
Seasonal Vegetables/Seasonal Salad

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Beef Burger, Tomato Ketchup  
  
Ratatouille Pasta Bake, Crusty Bread Roll  
  
Wholemeal Roll/Baguette  
with Sliced Roast Turkey/Cheddar Cheese  
  
Seasonal Vegetables/Seasonal Salad

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Beef Lasagne, Crusty Bread Roll  
  
Vegan Sausage Roll, Baby Boiled Potatoes  
  
Wholemeal Roll/Baguette  
with Tuna Mayo/Sliced Roast Turkey  
  
Baked Potato with Tuna Mayo/Beans  
Seasonal Vegetables/Seasonal Salad

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Crispy Chicken Chunks, Chips,  
Tomato Ketchup  
  
Sweet Chilli Veg Noodles, Garlic Bread  
  
Wholemeal Roll/Baguette  
with Sliced Roast Turkey/Cheddar Cheese  
  
Seasonal Vegetables/Seasonal Salad

**Reduced Fat/Sugar Vanilla Ice Cream**



**Reduced Fat/Sugar Vanilla Ice Cream**

**Ginger Bread Men**

29/08/22  
19/09/22  
10/10/22  
07/11/22, 28/11/22  
19/12/22  
26/01/23  
06/02/23, 27/02/23  
20/03/23  
24/04/23  
15/05/23  
05/06/23

Available each day: Milk, Water,  
Flavoured Milk, (for P4-P7 only)  
Selection of Yoghurts + Fresh Fruit

## Week three

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Vegan Sausage Roll & New Potatoes  
  
Pasta Bolognese Bake  
  
Wholemeal Roll/Baguette  
with Tuna Mayo/Cheddar Cheese  
  
Seasonal Vegetables/Seasonal Salad

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Indian Chicken Curry, Steamed Turmeric  
Rice & Chickpeas, Pitta Bread  
  
Macaroni Cheese & Crusty Bread Roll  
  
Wholemeal Roll/Baguette  
with Tuna Mayo/Sliced Roast Turkey  
  
Baked Potato with Tuna Mayo/Beans  
Seasonal Vegetables/Seasonal Salad

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Quorn/Pork Hotdog, Spiced Potatoes &  
Tomato Ketchup  
  
Sweet Chilli Veg Noodles, Garlic Bread  
  
Wholemeal Roll/Baguette  
with Sliced Roast Turkey/Cheddar Cheese  
  
Seasonal Vegetables/Seasonal Salad

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Roast Chicken Breast in Gravy,  
Yorkshire Pudding, Mash Potato  
  
Baked Potato with Banger & Beans/Tuna  
Mayo/Cheese  
  
Wholemeal Roll/Baguette  
with Tuna Mayo/Sliced Roast Turkey  
Seasonal Vegetables/Seasonal Salad

Homemade Soup, Crusty Bread Roll  
Mixed Salad  
  
Fishcakes, Chips, Tomato Ketchup  
  
Quorn Nuggets, Chips, Tomato Ketchup  
  
Wholemeal Roll/Baguette  
with Sliced Roast Turkey/Cheddar Cheese  
  
Seasonal Vegetables/Seasonal Salad

**Reduced Fat/Sugar Vanilla Ice Cream**

**Chocolate Mousse**

**Ginger Bread Men**