



Study Skills
in
Jordanhill
School



Overview

S1

- Getting organised for learning. A good evening routine. Regular practice: little and often. Retrieval. How to study for a test. How to make a study timetable. Traffic lighting and interleaving.

S2

- Getting organised for learning. Dual coding and how to study effectively. Positive mindsets and coping with stress.

S3

- Reminder of how to create a study timetable. The full CRIDS ppt to prepare for final exams. Highly effective learning.

S4

- The full CRIDS ppt to prepare for final exams.

Definitions – C.R.I.D.S.

- [Toolbox: Study Strategies to Boost Learning, By John Dunlosky, American Educator, Vol. 37, No. 3, Fall 2013, AFT](#)
- Chunking – breaking up information into sizes which are more manageable and easier to remember. [Chunking: Learning Technique for Better Memory \(youtube.com\)](#)
- Retrieval – different ways of bringing information from long-term memory to working memory. [Study Strategies: Retrieval Practice - YouTube](#)
- Interleaving – not teaching in blocks. [Study Strategies: Interleaving - YouTube](#)
- Dual coding – using text and graphics to make information more memorable. [Study Strategies: Dual Coding - YouTube](#)
- Spaced learning – allowing for forgetting time to improve recall and strengthen memory. [Study Strategies: Spaced Practice - YouTube](#)