Jordanhill School
Strive for the Highest

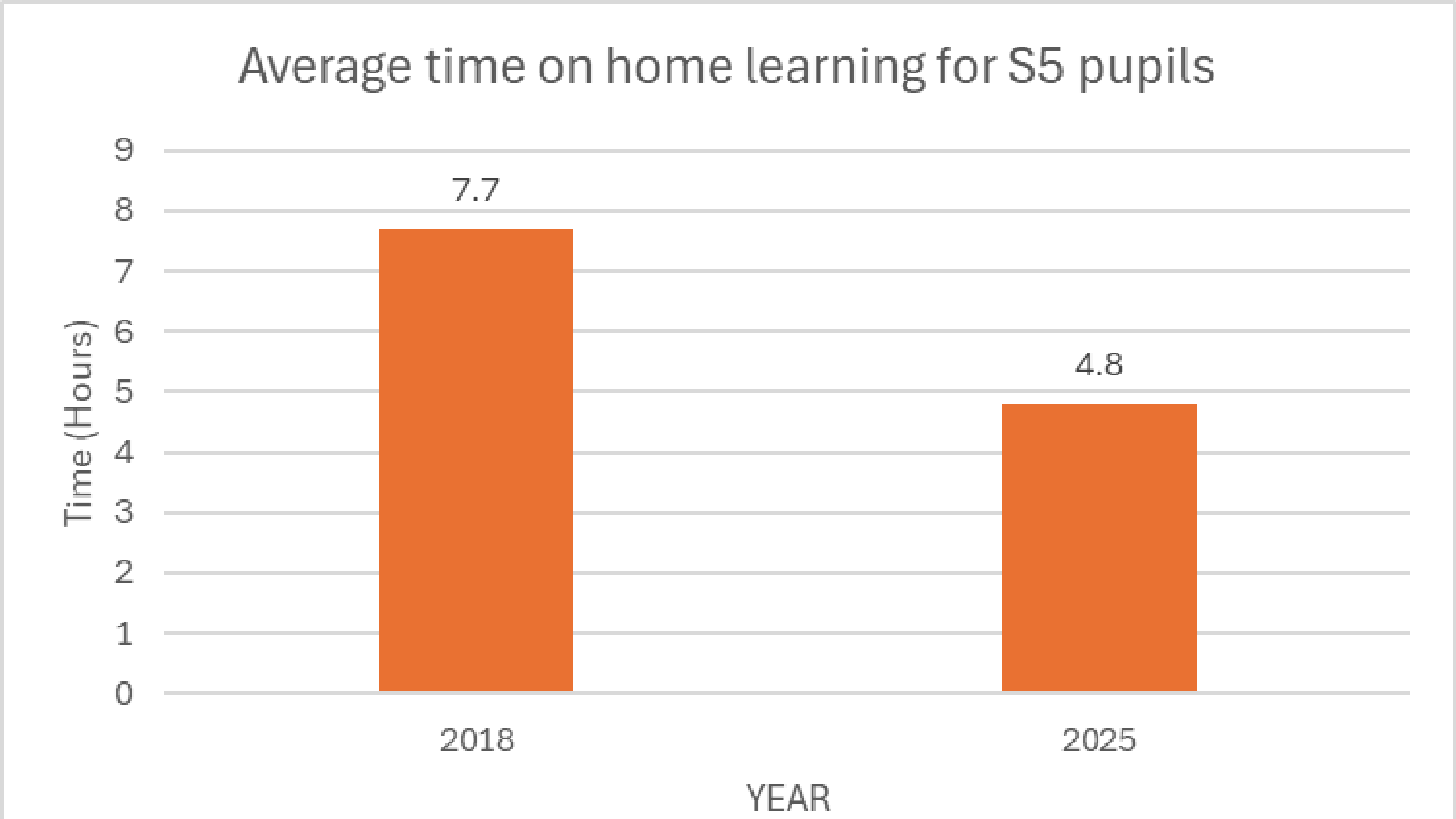
Getting the most from S3

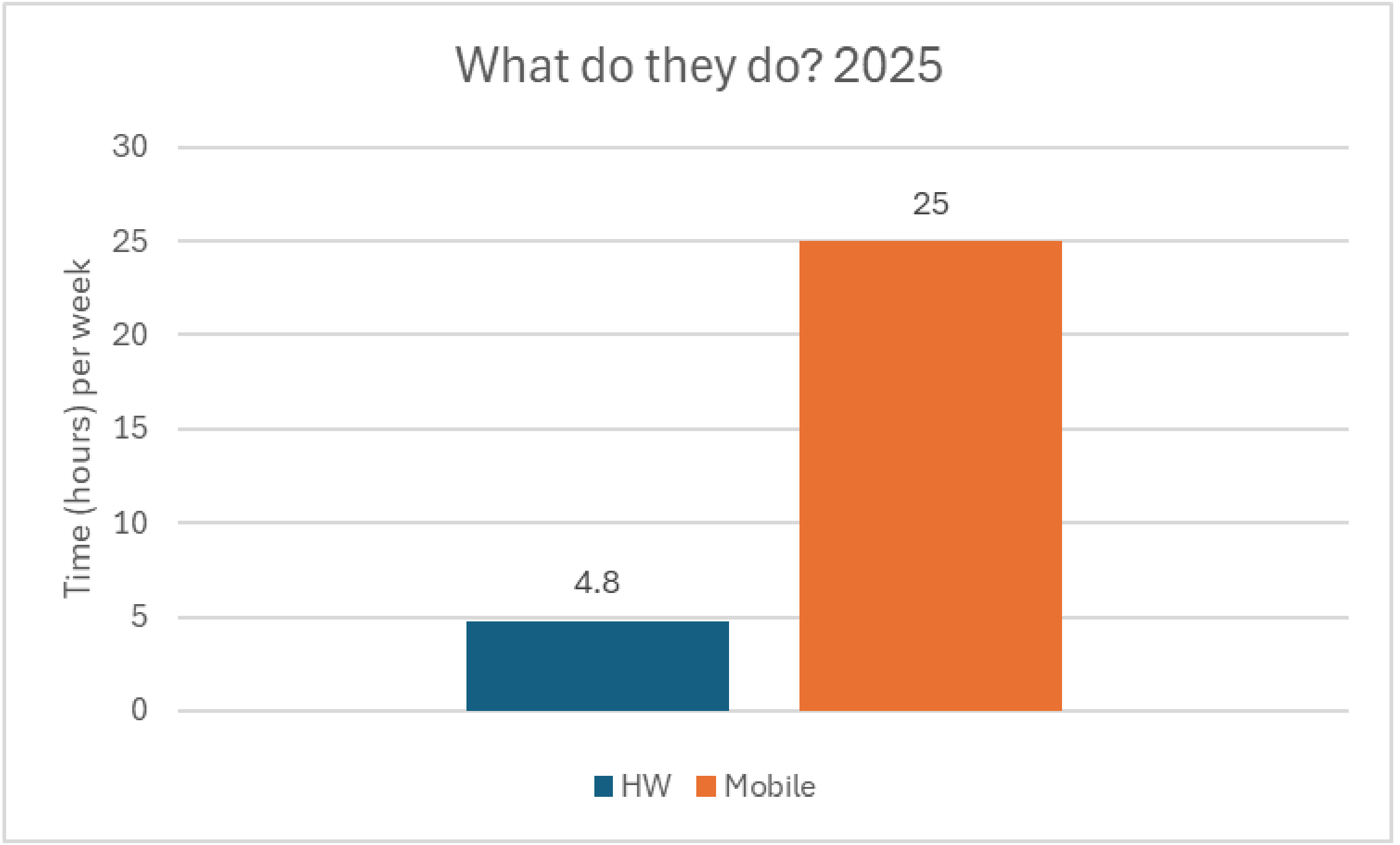
KINDNESS GRATITUDE PERSEVERANCE INTEGRITY RESPECT

Agenda

- Phones
- #achieve
- #succeed
- Routines
- How you can help

Let's talk about phones


Average time on home learning for S5 pupils
Time (Hours)
9
8
7
6
5
4
3
2
1
0
7.7
4.8
2018
2025
YEAR


What do they do? 2025
Time (hours) per week
30
25
20
15
10
5
0
4.8
25
HW
Mobile

The increase in time spent on mobile phones

In 2025, the average secondary pupil spent 25 hours per week on mobile phones (for leisure)

2/3 of pupils want to reduce their use of mobiles

Are you watching?

- **Screen time isn't monitored by a quarter of parents**
- In a survey of 2,224 13 to 18-year-olds, conducted for BBC Radio 5 Live and BBC Bitesize, young people were asked about various aspects of life - including their smartphone habits, gaming and screen time. The **findings of the survey, external**, carried out by polling company Survation, suggest:
- More than a third (38%) of teenagers said they spent five or more hours on their phones on an average day.
- 39% would consider taking tech and screens out of their bedrooms to reduce time spent on their devices
- Other ways to minimise time on their devices include using in-built settings such as screen time caps (59%) or scheduling regular screen time breaks (66%)
- 25% say their parents set clear limits on how much time they spend on tech, gaming or social media, while 47% say their parents sometimes set limits
- However, more than a quarter (27%) say their parents don't set any limits

90% increase in Tik Tok since 2020

British children spend 127 minutes a day on TikTok – more than in any other country

Figure is almost double the amount of time spent in the app four years ago

Matthew Field

Related Topics
TikTok, Social media, Children

Children in the UK are using TikTok for more than two hours a day, making British youngsters some of the heaviest users of the social media app worldwide, a new report has claimed...

YOUNG PEOPLE WISH THINGS WERE DIFFERENT

67%

of 16-18 year olds think smartphones are harmful

Parentkind poll, 2024

1in5

of 16-18 year olds have felt “life is not worth living” due to social media

Parentkind poll, 2024

50%

of teens say they are “addicted” to social media

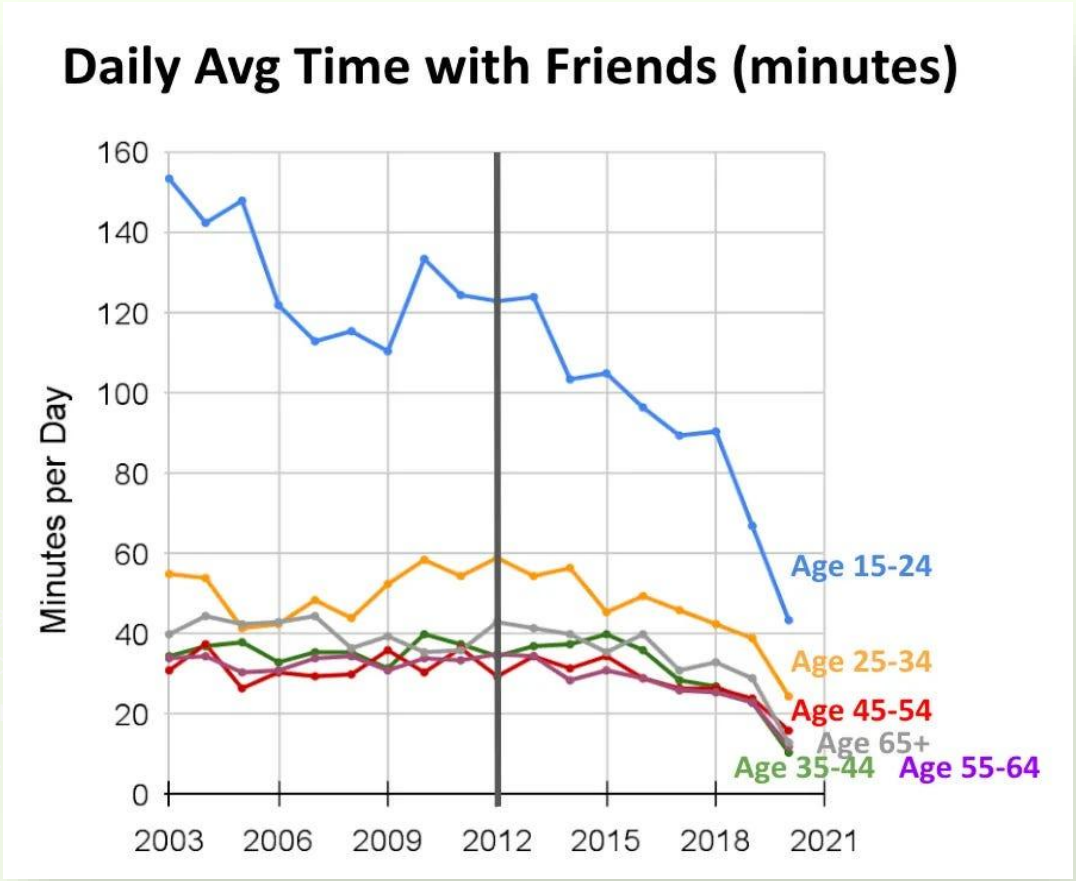
Millennium Cohort Study, 2024

SMARTPHONES ARE FUNDAMENTALLY CHANGING CHILDHOOD

Smartphones are experience blockers

65%

The daily average time that teenagers spend with friends has plummeted by 65% since 2010



Welcome to Achieve

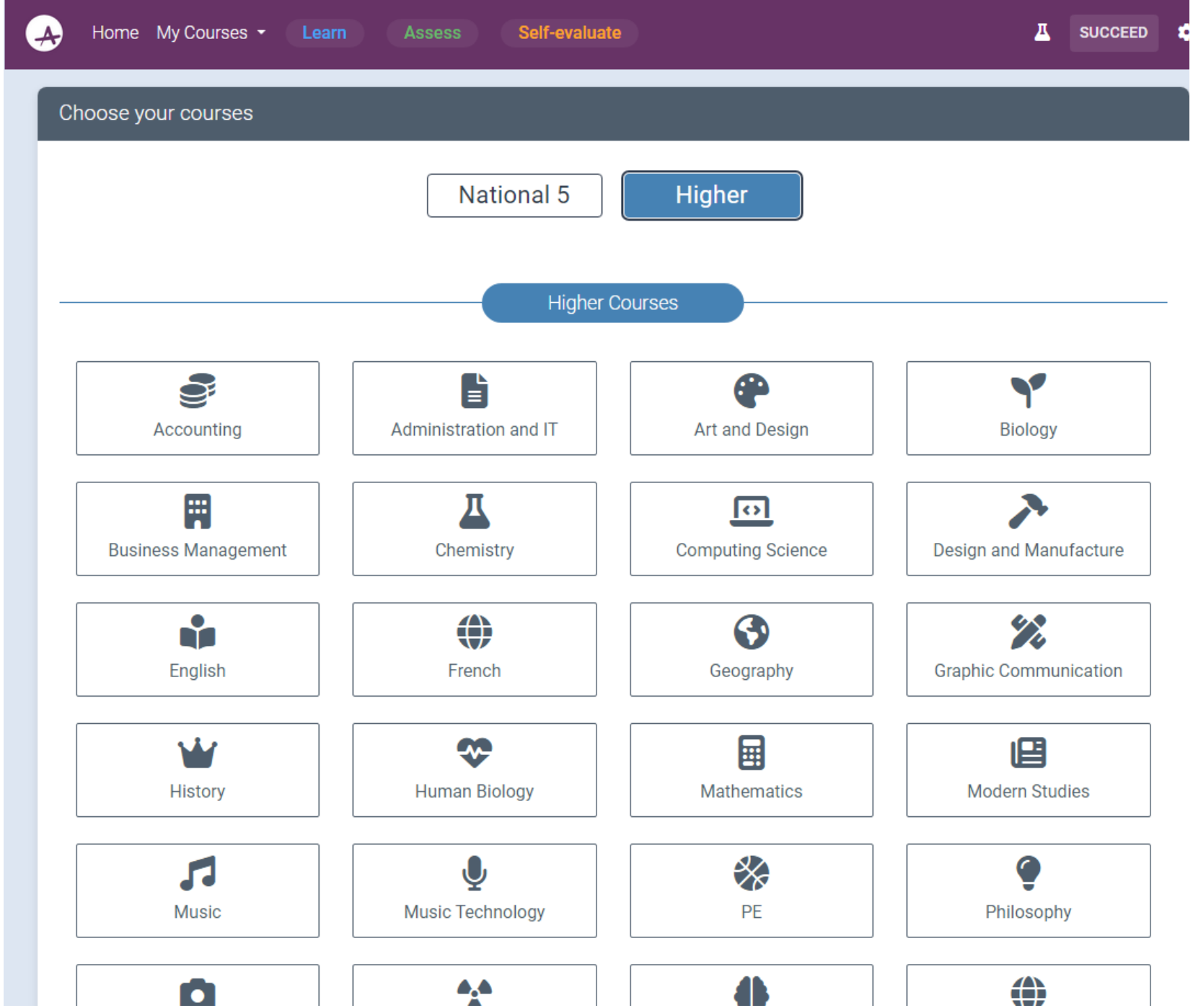
What would you like to do?

Sign Up

Create a new Achieve account

Sign In

Access your Achieve account


Home
My Courses
Learn
Assess
Self-evaluate
SUCCEED
Choose your courses
National 5
Higher
Higher Courses
Accounting
Administration and IT
Art and Design
Biology
Business Management
Chemistry
Computing Science
Design and Manufacture
English
French
Geography
Graphic Communication
History
Human Biology
Mathematics
Modern Studies
Music
Music Technology
PE
Philosophy

Periodicity

- Describe how elements are arranged on the periodic table
- Describe the trends on the periodic table both along a period and down a group
- State the bonding and structure found in the first 20 elements
- Describe the term covalent radius and explain the trends on the periodic table
- State the definition of the terms first and second ionisation energy
- Explain the trends in ionisation energy on the periodic table
- State the definition of the term electronegativity
- Explain the trends in electronegativity on the periodic table

Past paper questions: First and second ionisation energy

2022 Question paper	
Question 1(b)(i)	Solution

2022 Question paper	
Question 2	Solution

2022 Question paper	
Question 3	Solution

2021 Question paper	
Question 6	Solution

2019 Question Paper	
Question 2bi and ii	Solution

2017 Question Paper	
Question 1bii	Solution

2015 Question Paper	
Question 2	Solution

Assessment Dashboard

Higher Chemistry

Assess Yourself

Take a Topic Assessment | Take a Unit Assessment | Take a Course Assessment

Higher Chemistry Tests

No tests available for the current course.

Tests for other courses

No tests available for other courses.

What you should already know.

S1

- How to get organised for learning.
- Retrieval practice
- How to make a study timetable

S2

- Dual coding
- Positive mindsets and coping with stress

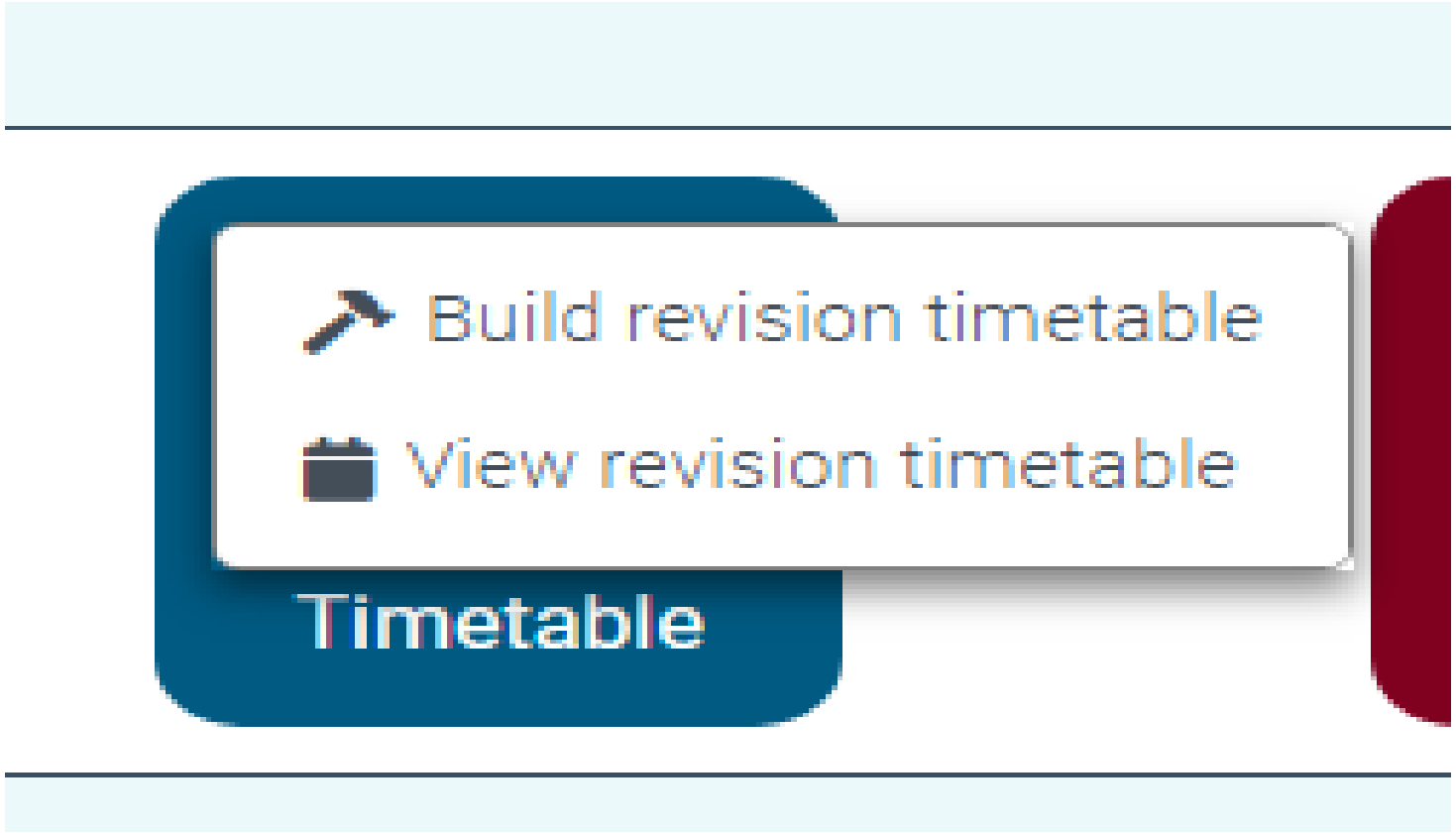
The S3 Study Skills Schedule

- Making a study timetable – Sep / Oct in PSHE
- How to prepare for final exams – Mar in PSHE
- Highly effective learning strategies – videos from The Learning Scientists at tutor time throughout the year (C.R.I.D.S.)

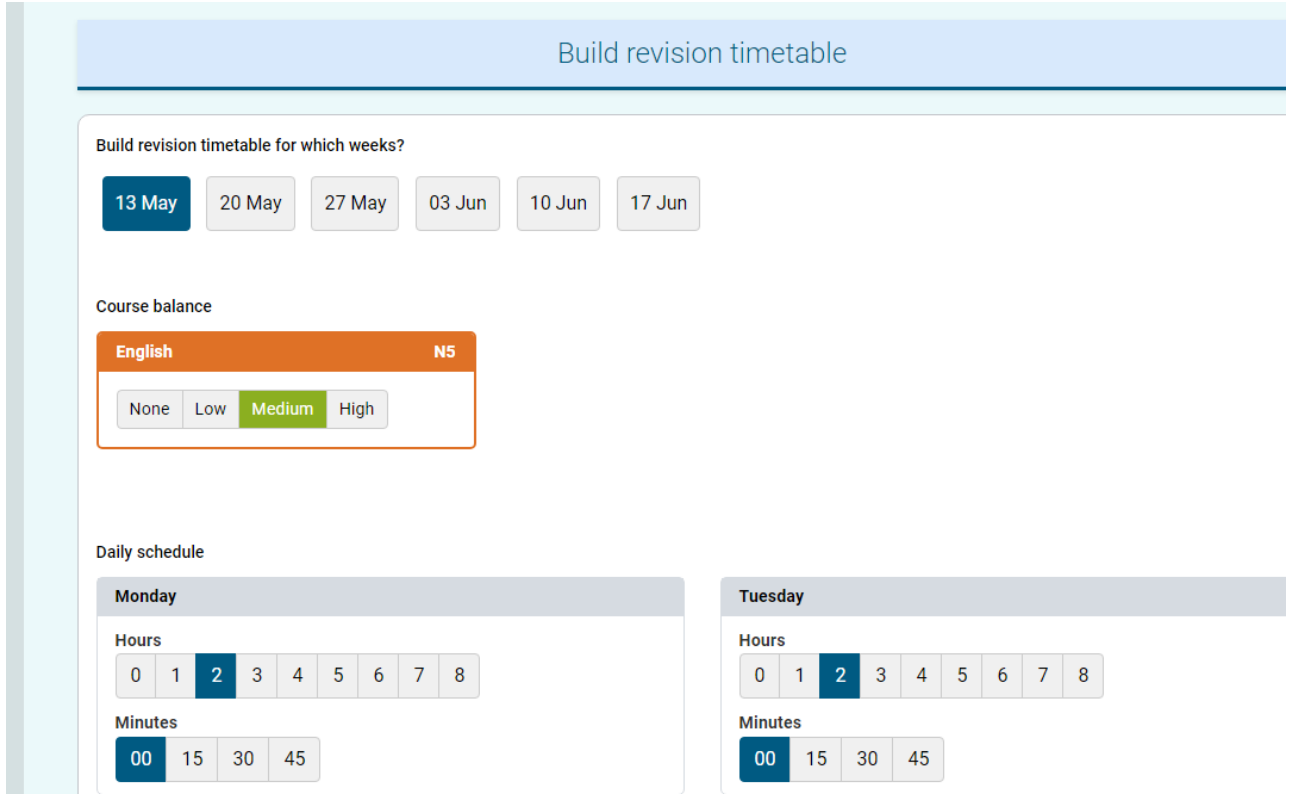
How #succeed augments our materials

- All pupils should have been introduced to #achieve and #succeed.
- We have purchased this comprehensive programme to supplement the materials we already offer.
- There are many benefits to this excellent resource.

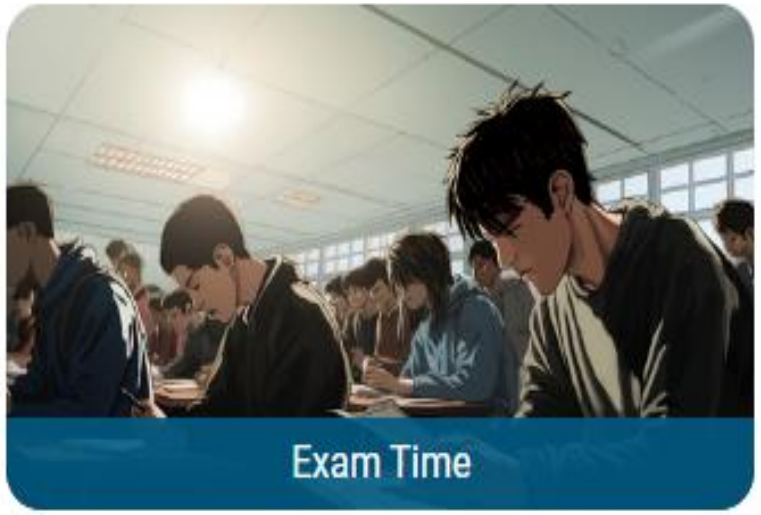
Revision / study timetables



Now begin to build your timetable by selecting a subject, triaging it and then allocating time to it.



More help in Succeed



So, what can you do?

- In terms of organisation…
- In terms of time management…
- In terms of good study / homework habits…
- In terms of #succeed…
- In terms of phones…

What to watch out for.

- What are they wearing?
- Where are they working?
- Is their phone in the same room?
- Vague answers.
- An unwillingness to show you #achieve and #succeed

Any Questions?